

Legsby Primary School

Weekly Update 01.05.2026

School website:

<https://www.legsbyprimary.co.uk/>

Dear Parents/Carers,

We have thoroughly enjoyed our second week at Legsby, spending some time with your wonderful children again and meeting more of you. We have also been blessed with some beautiful weather this week. As the temperatures continue to rise, please ensure that children come to school with suncream already applied, along with a named water bottle every day and sunhats where appropriate. Please note that school staff are not permitted to apply additional suncream during the day, so this will need to be managed by parents and carers.

Thank you for your continued support.

Sports Day 2026:

We have provisionally booked the afternoon of **Monday 22 June 2026** for our Sports Day 2026. Further details will follow. A reserve date of **Tuesday 23 June 2026** has also been pencilled in in case of bad weather.

I Love Gymnastics:

A parent shared some information she received this week from her child's gymnastic club.

"I have received a warning in relation to an online platform circulating on TikTok called 'I Love Gymnastics'. I have been advised by our exam association that the platform appears to invite young people to sign up for free activities and upload videos of themselves completing exercises. Concerns have been raised that some interactions linked to this platform may not always be appropriate or safe for children, including feedback provided online and the potential sharing of videos without clear consent."

Whilst we are not aware that anyone from our school using this platform, We wanted to pass on the information we have been sent so that you are aware and can be alert to it if your child mentions it.

Public Consultation on proposed changes to School Food Standards

The School Food Standards are being updated for the first time since 2014 and are currently out for public consultation. To read the

proposed changes and to share your views, please visit 'School Food Standards: updating the legislative framework - Department for Education - Citizen Space'

<https://consult.education.gov.uk/school-food-policy-team/school-food-standards-updating-the-leg-framework/>

We ask that you share this with Governors, parents and any other interested parties within your school community so that they can also have their say and gain an awareness of changes which will be mandatory from September 2027. Please contact the Food Education Team at foodeducation@lincolnshire.gov.uk if you have any questions about the standards or food policy, provision or education in schools.

New Lincolnshire mental health messaging service:

A new 24/7 mental health crisis text messaging service launched on 1st April 2026, providing an accessible alternative for people who may struggle with telephone or face-to-face contact. The service extends the NHS 111 option 2 mental health support delivered by the Lincolnshire 111 Mental Health Team, enabling confidential two-way messaging with trained healthcare professionals.

Anyone experiencing a mental health crisis can text from any mobile phone or start a chat online at www.chatthehealth.nhs.uk

Basic demographic details will be requested as standard, but individuals can choose to remain anonymous.

Dedicated text lines:

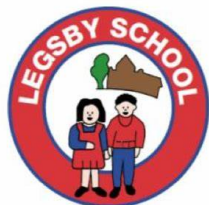
- Adults (18+): 07312 263027
- Children & Young People (under 18): 07480 635303

The team aims to respond to messages within two hours.

The service supports issues such as mood changes, withdrawal, anxiety, feeling overwhelmed, self-care difficulties, hallucinations, or thoughts of self-harm. It cannot provide prescriptions, diagnoses, home visits, Mental Health Act assessments, or hospital admissions.

For anyone already open to a mental health team, usual contacts should be used during office hours.

For life-threatening emergencies, people must still call 999 or attend A&E.



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This service is delivered by LPFT using ChatHealth, an award-winning NHS messaging platform.
Safeguarding in Schools Team

Attendance:

Our whole school attendance figure so far this year is 92.1%. As a school we are always aiming to be above 95%, so we are working on improving attendance and we REALLY appreciate your support. The attendance figure for this week was 94.2%.

Communications from this week:

<u>Class</u>	<u>Communication Sent</u>
Rainbows	
Clouds	
Lightnings	
Whole School	

Please also check the School Website: Diary Dates (new dates will be highlighted)

19 May - Lightning Class Relationship and puberty workshop

12 June- Wrates Class Photographs

13 June- Wragby Community Day 12-4pm

17 June- EYFS new starters transition session

18 June Whole School Trip to Lincs Show

22 June- Sports Day (pm)

23 June- Sports Day reserve (pm)

24 June- De Aston Taster Day Y5

27 June- Saturday - Summer Fayre

1 July- EYFS new starters transition session

8 July- Y6 transition De Aston, King Edwards

14 July- Y6 leavers' trip (details to follow)

20 July- In School Transition Day

21 July- Y6 Leavers' Assembly 2pm

22 July- End of Term

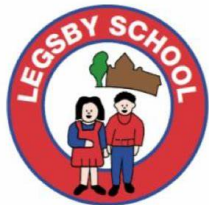
Statutory testing dates so you can plan ahead:

Year 1- Phonics screening check- wb Monday 8 June 2026

Year 4- Multiplication tables check- administered within a two week period from Monday 1 June 2026

Year 6- Key Stage 2 tests- Monday 11- Thursday 14 May 2026

Mrs Osgodby and Mrs Kenyon



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Online safety Q+A for primary parents



Lincolnshire
COUNTY COUNCIL
Working for a better future



Wednesday 20th May
6:00pm - 7:30pm
Microsoft Teams event

Join the Stay Safe Partnership for an Online Safety Event for Parents to discover more about the digital world your child is navigating!

Join the Stay Safe Partnership for an essential online safety event for parents. We'll provide the latest information and practical tools to help you:

- Understand what your child experiences online
- Use parental controls effectively
- Navigate age-appropriate apps, games, and social media
- Ask your burning questions about online trends and risks

Equip yourself with the knowledge and skills to keep your teen safe while they explore the online world.

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<https://www.tickettailor.com/events/staysafepartnership/2160048>



Spring
Oral Health Improvement
Newsletter
Lincolnshire



HOW TO ENJOY EASTER TREATS

1. Keep the sugary snacks to mealtimes only as part of your pudding.
Finish off the cheese and vegetables between mealtimes instead!
2. After eating a meal, rinse your mouth out with water to wash the excess sugars away and help neutralise the mouth.
3. Brush twice daily, for two minutes, with a fluoride toothpaste. One of these times must be the last thing you do before you go to sleep.





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CARROTS

Carrots are high in Vitamin A, essential for vision, skin and immune health. They are also high in antioxidants and support heart health and blood sugar.

PEAS

Peas are packed with plant-based protein, vitamins and minerals that benefit digestion, heart health and blood sugar control.

SPRING ONION

Spring onions contain lots of vitamins, minerals and antioxidants that help with immunity, bone health and metabolism.

NEW POTATOES

New potatoes are full of nutrients, especially with the skin left on. They support immunity, fullness, heart health and weight management.

MUSHROOMS

Mushrooms offer B vitamins, minerals, fibre and antioxidants contributing to heart and gut health. They also contain Vitamin D, boosting immunity and bone health.

SPINACH

Spinach is packed full of vitamins, minerals, fibre and antioxidants. It supports vision, heart health, blood pressure, bone strength, immunity and digestion.

PEPPERS

Peppers have a high water content and are packed full of Vitamin C, Vitamin A and Vitamin B6 as well as lots of minerals.

STRAWBERRIES

Strawberries are high in Vitamin C, minerals and antioxidants making them good for heart health blood sugar control and hydration.

SPRINGTIME FRUITS & VEGGIES

APPS AND ACTIVITIES

FRUITS AND VEGETABLES

E	H	C	A	E	P	T	O	M	A	T	O	E	S
O	R	P	O	A	N	S	E	G	N	A	R	O	L
C	C	B	H	A	M	U	I	C	P	A	C	N	O
A	C	H	I	L	I	N	S	C	E	L	E	R	Y
R	B	A	N	A	N	A	S	E	G	B	C	O	O
R	P	I	N	E	A	P	P	L	E	S	A	E	S
O	A	P	R	I	C	O	T	S	P	G	P	C	P
T	A	A	G	L	E	M	O	N	S	P	O	B	I
S	C	S	E	P	A	R	G	L	E	H	R	I	N
S	T	R	A	W	B	E	R	R	I	E	S	S	A
B	C	A	S	G	R	A	V	A	C	A	D	O	C
B	N	S	R	A	E	P	S	P	L	U	M	C	H
I	C	S	E	I	R	R	E	B	E	U	L	B	O
M	A	N	G	O	O	A	P	P	O	T	A	T	O

PINEAPPLES
POTATO
PEARS
LEMONS
CAPSIUM
CELERY
APRICOTS
SPINACH
STRAWBERRIES
CHILI
AVACADO
TOMATOES
BANANAS
PLUM
MANGO
ORANGES
GRAPES
BLUEBERRIES
CARROTS
PEACH

FIND MORE ACTIVITIES ON OUR
WEBSITE [HERE](#):



FIND MORE INFORMATION ON
NUTRITION [HERE](#):



You can use apps to help you make better food choices:

The Food Scanner app can help you find healthier alternatives to foods you already buy, by simply scanning the barcode of the product.



The SuperCook app can help you find recipes using ingredients you already have at home to minimise food waste.





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We are pleased to announce that the Community Dental Services will be holding a Free Dental pop up clinic in Boston!

The pop up clinic is for all Under 10's on Tuesday the 7th of April at the Peter Paine Centre, 10am till 4pm.

WE WILL BE PROVIDING

- *Lift the Lip dental screening
- *Oral Health advice
- *Fluoride Varnish
- * FREE toothbrush packs for the family

Our friends from Early Years, Gloji Energy and the Food Education team will be joining us. Come along and enjoy fun, interactive activities and family friendly advice.



Community Dental Services

FREE
Dental Pop-up
For under 10's Clinic

Oral Health advice
Free toothbrush pack for all

Tuesday 7th April
10:00 - 16:00
Peter Paine Centre,
Boston, PE21 7QR

Lift the lip assessments*
available between:
10:00 - 12:30
13:30 - 16:00

*Offered on a first come, first served basis.

For further details contact:
ohimp.lincs@cds-cic.nhs.uk

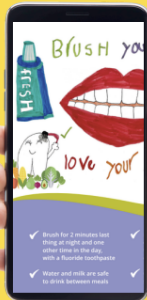
If your child is in pain, please call 111 for advice and do not attend

Fluoride available



Community
Dental
Services

Oral Health
Improvement Team



ohimp.lincs@cds-cic.nhs.uk

Sharing key Oral Health messages may help with reducing the risk of tooth decay for children and their families. We find using social media platforms is a good tool. You can follow us on our Social Media Pages... Facebook, Instagram and X (Twitter) to re-share, like or download any of our content and place on your pages or on your own communication platforms. Please feel free to 'Tag' us in!

We also have our own YouTube Page with some great videos to share.

Facebook -

<https://www.facebook.com/CommunityDentalServices>

Instagram -

<https://www.instagram.com/communitydentalservices/>

X (Twitter) - <https://twitter.com/home>

YouTube - [CDS Oral Health Improvement - YouTube](#)